## Heart Disease

## **Crater Health District Programs**

## Cardiovascular Risk Reduction Program

- Conducts cardiovascular disease (CVD) risk screenings at worksites, churches, and community events through out the county.
- Every two years- conducts CVD risk assessments, screenings, and follow-up counseling for employees of Standard Motor Products Distribution Center in Disputanta.
- Counsels at-risk individuals regarding healthy lifestyle choices that may lower their risk of CVD.
- Provides blood pressure measurement certification courses for health care providers and volunteer BP screeners.
- Develops, implements, and monitors health "challenges" for local worksites.
- Conducts periodic CVD needs assessments.